

where healing begins

CLASS NAME	DESCRIPTION	LEADER	MEETING TIME/PLACE	CONTACT
Love and Respect	A new session of the "Love and Respect" marriage study begins January 22 at 9:30am on Sunday mornings. Join us for a 11-session journey, learning biblical truths about relationships, including how cracking the communication code between husband and wife involves understanding that unconditional love is as powerful for her as unconditional respect is for him. Married, engaged couples and singles welcome.	Andy & Tracy Bingham	Begins January 22 Sundays @ 9:30AM Room 107	andy.bingham5@gmail.com or tbingham85@gmail.com (Email leader to sign up)
GriefShare	Grieving the loss of a spouse, child, family member or friend is a difficult process and is unique to each individual. Taking the time to process and heal with others can be a healthy part of your own healing. We understand how you feel, because we have been in the same place. Through a DVD and workbook, we will follow the journey of grief.	Sheri Potter	In Person Starts February 1 Wednesdays @ 6:30PM Room 106 Zoom Sessions Starts January 31 Tuesdays @ 7:00PM	sheripotter@me.com (Email leader to sign up)
	One Day Seminar Loss of a Spouse	Sheri Potter	January 25 @ 6:30pm Room 106	sheripotter@me.com (Email leader to sign up)
Journey to Wholeness - Idolatry/Addiction	Men's & Women's Groups A Christ-centered 12-step program designed to help anyone trying to overcome a habit, hurt or hang-up, which limits their joy and prevents them from living the full life offered to them by Jesus. Through worship, teaching, small group sharing and individual sponsors, Journey to Wholeness is a place where participants can find freedom and healing. Through the power of the Holy Spirit, the truth of God's Word, and the encouragement of the body of Christ, find the strength to turn away from the patterns that keep you in bondage and toward Jesus' love that sets us free.	John Nano & Kendrea Stubblefield	Mondays @ 7:00PM Music Suite B/C	jcnano@cox.net or kjstubby01@gmail.com (Email leader to sign up)
No Man Left Behind	Men's Group Are you looking for an opportunity to connect with a small group of men who are willing to hold you accountable and walk beside you on your journey toward sexual integrity? This group may be exactly what you're looking for. This is a group of men encouraging men to grow in their love for God and passionate pursuit of His glory being reflected in their lives.	John Nano	Wednesdays @ 6:30 PM Room 102	jcnano@cox.net (Email leader to sign up)

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UnStuck	What if we told you early life experiences shape who you are and how you communicate? What if we showed you how you can work towards powerful and lasting change? What if we helped you learn how to communicate to different people styles? Be part of a class on the frontline of relational skill development to bring healing and growth to your life and people. This series walks you thru the family of origin impact on personal development and relational abilities. Perfect for singles and couples.	Dr. James Johnson	Beginning January 18 Wednesdays @ 6:30pm Music Suite B/C	james@keys4.org (Email leader to sign up)
Divorce Care	Divorce is one of the most painful experiences you can face. You don't have to go through it alone. Divorce Care is a 13-week support group that helps you heal from the pain of separation or divorce. It offers support, answers, and practical tools to help you manage the many stresses of separation and divorce and help you find healing.	Sue Pizzo	Beginning January 31 Tuesdays @ 6:30pm Music Suite D	spizzo@wchurch.tv (Email leader to sign up)